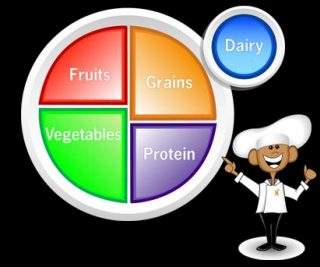




Menu for the week of January 14th
for Nelson
(subject to change)



	BREAKFAST	LUNCH
MONDAY	Mini Pancakes, Fruit, Fruit Juice & Milk	Crispito, Roasted Broccoli, Chili Beans, Sour Cream, Taco Sauce, Fruit & Milk
TUESDAY	Breakfast Pizza, Fruit, Fruit Juice & Milk	Spaghetti w/Meat Sauce, Tossed Salad, Green Peas, Roll, Fruit & Milk
WEDNESDAY	Sausage & Biscuit, Fruit, Fruit Juice & Milk	Beef Vegetable Soup, Cheese Toast, Corn Nuggets, Fruit & Milk
THURSDAY	Cereal, Fruit, Fruit Juice & Milk	Italian Dunkers w/Marinara Sauce, Tossed Salad, Black Beans, Corn, Fruit & Milk
FRIDAY	Jammer Sandwich (Soybutter & Jelly), Fruit, Fruit Juice & Milk	Grilled Chicken Sandwich or Spicy Chicken Sandwich, Sliced Tomatoes, Romaine Lettuce, Onions, Baked Chips, Mixed Veggies & Dressing, Fruit & Milk